

50 Miles for MS

The 10 anniversary of the Cape Cod Challenge Walk included walkers from throughout the country, including 17 challenge walkers from Upstate New York who spent many months training and fundraising for this unforgettable event. These 17 walkers challenged themselves to go the distance and **walked 50 incredible miles over 3 days** in beautiful Cape Cod, MA on September 9-11.

Teams traveled from many areas in our chapter: Buffalo, Rochester, Albany, Poughkeepsie and Ithaca just to name a few. We would like to thank all our Challenge Walkers for their hearty commitment to creating a world free of MS. We hope many more of our chapter constituents will join them again next year in Cape Cod to

experience this moving and memorable event.

Overall 586 participants raised an incredible \$1,050,000 for the NMSS Chapters in the Northeast Region. The 17 participants from Upstate New York raised \$31,742 for our Chapter. Many thanks to our teams and individual walkers who went the distance for MS!

Teams:

The Hot Pack: \$16,961 Captain: Jenny McKenzie
 Albany Angels \$4,871 Captain: Courtney Blackwell
 Wellness Crew: \$2,290 Captain: William Howley
 Seize The Dej: \$1,940 Captain: Leanne Rosner

Individual Walkers:

John Henderson: \$3,391
 Beth Farrell: \$2,391



The Hot Pack was the Top Team from Upstate New York raising \$16,961 for our Chapter. Jenny McKenzie and her team sported hot pink socks and plenty of team spirit all weekend long!



Team Captain of the Wellness Crew, William Howley (standing, center) and team member Tom Hagerty (seated, left) celebrate along the route at the MS Challenge Walk with friends and supporters!

QUILTERS WANTED

Stephanie Mincer, Chapter President, is reaching out to quilters, quilting clubs and guilds for a special project. If you are interested in learning more about this project, please contact Stephanie at 1-800 344-4867 ext. 70338.